



Aloha,

Thank you for contacting us about our Massage Program. We will be starting classes September 2024. Included in this package is a description of the class schedule, tuition costs and options, and an application.

Please print out and complete the application form and return to the address at the bottom of the form.

**Golden Lotus Massage Trainings Kauai:** 3-month workshop is modeled after the 150-hour Hawaii State Board of Massage requirements. It is followed by an apprenticeship program which, when completed as designed, fulfills the 570-hour requirement to be eligible to take the licensing test and acquire your HI state massage license - MAT. After completing the 150 hours you will continue the course with a 420-hour advanced program which includes clinics and workshops in specific modalities. If you already have some prerequisites towards your license, we would be happy to assist you through our programs to obtain your Hawaii State license.

Registration and tuition for the full 570-hour program is \$5800 plus tax.

An application fee and non-refundable deposit of \$625 will reserve your place.

Payment plan options are available and are described in this document.

Please print out and complete the application form and return to the address at the bottom of the form.

Mahalo for your interest,

Isabelle Fisher

# Golden Lotus Massage Trainings Kauai

## Course Description 2024 – 2025 program

**Full Program \$5800 plus \$273 excise tax (or \$625 per month for 10 months with payment plan, including tax)**

### **Part 1: 150 hour - State Registered Workshop**

50 hours A, P&K – 100 hours massage theory and demonstration

Monday 4-7pm, Thursday 10am-1pm Saturday 9am-6pm (zoom and in person)

### **Part 2: 420 hours Apprenticeship Program**

Clinics: Monday 4-8pm Thursday 11am-3pm from January-Mid June

(Clinical operations included in clinic hours)

Advanced techniques = observation and consulting, these hours are provided with the workshops (see below)

Hands on supervised massage with record keeping, provided by clinics and workshops and supervised hours at the studio.

- **6- Weekend Workshops and 4 one day workshop**
- (Please note, content might vary from year to year, according to teachers' availability)

**Lomi Lomi 20 hours**

**Hot Stone 20 hours**

**Thai massage 20 hours**

**Somatic Bodywork 16 hours**

**Deep Tissue 16 hours**

**Sound healing 8 hours**

**Reflexology 8 hours**

**Craniosacral 8 hours**

**A&P Palpation 8 hours**

**Trigger points 8 hours**

**Review for State of Hawaii Massage test 9 hours**

Throughout the program we will explore supportive practices as a community and individually. Our program supports you and your growth which directly translates to your capacity to be present with and for others in your healing arts practice.

*Thank you for your commitment to yourself and our professional massage community*

**Pay in Full ~ \$5800 plus \$273 GE tax=\$6073**

Payment plans available

Apprenticeship program available any time for those with prior  
experience

808-823-9810 & [GoldenLotusKauai@gmail.com](mailto:GoldenLotusKauai@gmail.com)

[www.MassageTrainingsKauai.com](http://www.MassageTrainingsKauai.com)

**Included in your tuition:** 2 Golden Lotus T-shirts for clinics, holster and pump bottle for oil, free access to our healing room for practice.

**Not included:** CPR, DCCA fees for apprenticeship and test application, books, prometric fees to take the test and other supplies you might want. You do not need your own massage table for the training, as we have some available to use during the training.

**Golden Lotus Massage Trainings and Apprenticeship Program**

APPLICATION 2024 - 2025

NAME

\_\_\_\_\_  
Last, First

MAILING ADDRESS

\_\_\_\_\_  
Street (or Box number) City, State Zip Code

PHONE

EMAIL

BIRTH DATE \_\_\_\_\_

BIRTHPLACE \_\_\_\_\_ GENDER \_\_\_\_\_

MARITAL STATUS \_\_\_\_\_

OCCUPATION \_\_\_\_\_

REFERENCES: Two people other than immediate Family, who have known you for more than three years

Name:

Name:

City:

State:

City:

State:

Telephone:

Telephone:

email:

email:

EMPLOYMENT

Current Work \_\_\_\_\_ Title \_\_\_\_\_

How long? \_\_\_\_\_ Where? \_\_\_\_\_

Previous relevant interests, experiences or work during the last five years

PREVIOUS EDUCATION

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High School you graduated from Graduated	City	State	Date
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List all Colleges, Universities, and Vocational Schools etc., you attended

<u>Name</u> <u>number of credits</u>	<u>City</u>	<u>State</u>	<u>Major</u>	<u>Degree, Certification</u>	<u>from / to</u>	<u>or</u>
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ANY ADDITIONAL INFORMATION YOU WOULD LIKE TO INCLUDE REGARDING PREVIOUS TRAINING AND/OR EXPERIENCE IN BODYWORK, PERSONAL GROWTH OR PRACTICE, OR RELATED FIELDS? (Please use additional paper if necessary or include copies of course work Certificates if applicable)

How did you hear about the GOLDEN LOTUS MASSAGE TRAINING AND LICENSING PROGRAM?

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**PLEASE INCLUDE THE FOLLOWING WITH THIS APPLICATION:**

- A brief biographical sketch explaining your motivation for acquiring the skills and licensing as a result of this training. What do you feel you will bring to the program and fellow students and instructors?  
What, beyond massage modality and licensing, are you looking to achieve?  
Anything else you would like us to know.
- A recent photograph of yourself for our files and identification
- Copies of transcripts or copies of certificates from any previous applicable training (or have them sent)
- \$625 APPLICATION FEE and deposit (see refund and policies below)

*\*\* Checks made payable to Golden Lotus studio \*\**

**PLEASE NOTE:**

Upon receiving your letter, we will set up an interview at the Golden Lotus Studio. If you are off island, we can make a conference call. Upon acceptance to the Golden Lotus Massage Trainings Kauai your \$500 deposit will be due to reserve your place in the program

**REFUND AND OTHER POLICIES**

If for any reason an applicant is not accepted by GLMTK a full refund will be made. If you cancel your enrollment and we are notified prior to 60 days before the first day of classes, you will receive a full refund of all tuition paid minus a \$100 processing fee. If cancellation is made at 60 days or less, applicant will forfeit the \$500 deposit.

**SIGNATURE**

**DATE**

*We look forward to meeting you in the spirit of service*

Golden Lotus Studio 4-941a Kuhio Hwy, Kapa'a Hi 96746, 808-823-9810

**[www.kauaimassagetrainings.com](http://www.kauaimassagetrainings.com)**